

I NEED TO STAY HOME IF...

<p>COVID-19 Protocols: <u>I Or Someone in my household</u> have</p> <ul style="list-style-type: none"> - One "Common Symptom" or - Two "Less Common Symptoms" 	<p>I am Vomiting</p>  <p>within the last 24 hours.</p>	<p>I have Diarrhea</p>  <p>within the last 24 hours.</p>	<p>I have a Rash</p>  <p>Body rash with itching or fever.</p>	<p>I have Head Lice</p>  <p>Itchy head, active head lice.</p>	<p>I have an Eye Infection</p>  <p>Redness, itching, and/or pus draining from eye.</p>	<p>I have been in the Hospital</p>  <p>Hospital stay and/or emergency room visit.</p>
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PLEASE be aware of the COVID-19 (Coronavirus) symptoms COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to severe illness. **Symptoms may appear 2-14 days after exposure to the virus.**

People with these symptoms may have COVID-19:

More Common Symptom: Fever of 100.4 degrees Fahrenheit or higher; new cough or a cough that gets worse; difficulty/hard time breathing (*if have asthma, allergy, or other reason for breathing, please bring Doctor's Note to Family Advocate*); new loss of taste or smell.

Less Common Symptoms sore throat; nausea; vomiting; diarrhea; chills; muscle pain; extreme fatigue/feeling very tired; new severe/very bad headache; new nasal congestion/stuffy or runny nose.

I AM READY TO GO BACK TO SCHOOL

<p>Please refer to the MDE COVID-19 Decision Tree for Return to School Guidance.</p>	<p>Free from vomiting for 24 hours.</p>	<p>Free from diarrhea for 24 hour.</p>	<p>Free from rash, itching, or fever. I have been evaluated by my doctor if needed.</p>	<p>Treated with appropriate lice treatment at home.</p>	<p>Free from drainage and/or have been evaluate by my doctor if needed.</p>	<p>Released by my medical provider to return to school.</p>
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities. Please ensure to keep in contact with your Family Advocate to give Health updates. Pidamayayapi for helping us keep our school healthy!